

KCC Caving Information and Gear List For Bottom Section



Karamu Caves Extreme Experience

Karamu caves are situated 30 minutes away from KCC. The Bottom Section of the Cave involves exploring right through the mountain (in one side and out the other) and takes approximately 4 hours.

Each of our guides uses discretion to analyse which path best suits the group they are leading through the cave.

As the bottom section of the cave has a higher level of risk and takes longer for assistance and getting out in cases of an emergency, only competent cavers will be taken here at the guide's discretion (guides will gauge the abilities of the group in the top sections by taking them on the more vigorous route. They will reassess again for the rattlesnake exit at the campsite).

When going below the keyhole, KCC guides ensure smaller groups and manageable sizes. We have a minimum of 2 guides and a ratio of 1 guide to 5 cavers (1:5)

In One Side and Out the Other:

A mix of walking, crawling, tight spaces, and climbing in the cave.

In this ability group you have the challenge of tight spaces, climbing rock faces and getting wet and muddy head to toes.

In this group cavers will:

- See Limestone
- See Stalactite formations (they hold 'tight' to the ceiling)
- Experience small spaces
- Crawl through water
- Might even see an eel!
- See Glow worms (close up and with lights off)
- See Stalagmite formations (they 'might' reach the ceiling)
- Experience climbing
- Army crawl through mud and water

Before caving with KCC your group organiser needs to relay any necessary Medical information including allergies.

Inform guides on any group members with relevant health issues (asthma, epilepsy, diabetics, physical impairments, nut/ dairy allergies etc.)

Come prepared to get muddy and wet. A positive attitude goes a long way.

Groups need to provide their own transport to and from caves.

If staying at KCC groups may convoy behind the camp vehicle to the caves, maps and directions are also available.

Groups need to bring:

<p>Enough adults to supervise children at a ratio of 1 adult to 5 children <i>Note: children are considered 14 years and under</i></p> <p>Any necessary Medication <i>Asthma inhalers, epi pens, etc.)</i></p> <p>Thermal Underwear base layer <i>To keep warm once wet</i></p> <p>Old Warm Clothes <i>Preferably long pants and long sleeved shirt</i></p> <p>Covered Shoes <i>Preferably grippy</i></p>	<p>A spare change of clothes <i>And a plastic bag for wet clothes</i></p> <p>A Snack <i>To eat after you get out</i></p> <p><u>Groups are recommended to bring:</u></p> <p>A Towel <i>To dry off or to sit on, on the journey home</i></p> <p>Overalls (KCC has a limited supply available) <i>To save clothes from going AWOL.</i></p>
--	--